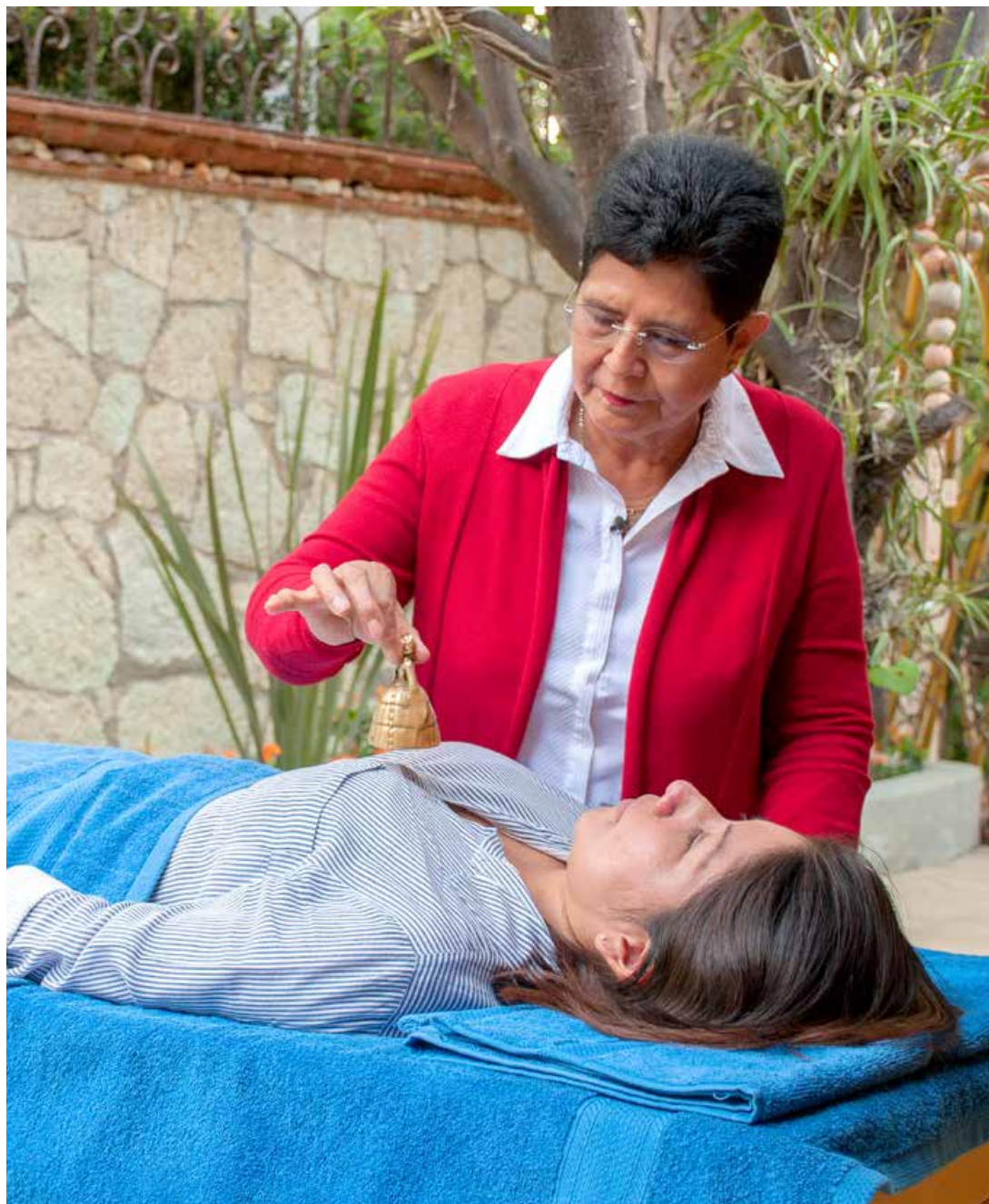


CMT announces the 2020-2021 edition of the Award “Catalina Mendoza Arredondo”

This award promotes research projects in Traditional and Complementary Medicine

The Award Catalina Mendoza Arredondo to Traditional and Complementary Medicine, is the first one of this kind in Iberoamerica, and it promotes the opening of study areas to promote research projects.



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To support the research in this kind of medicine, the World Health Organization developed the Strategy on Traditional Medicine 2014-2023, whose main objectives are:

- Take advantage of the potential contribution of traditional and complementary medicine to health, welfare, and attention to the person-centered health;
- Promote the safe and efficient use of Traditional and Complementary Medicine through regulation and research, as well as the incorporation of products, professionals, and practices in the health systems, if applicable.



The Award Catalina Mendoza Arredondo has the following objectives:

- Encourage the participation in research projects that may deepen into the knowledge of traditional and complementary medicine, which have been scarcely analyzed by specialized studies.
- Contribute to the acknowledgement of those who are committed to research on traditional and complementary medicine.
- Spread the use of traditional and complementary medicine as a resource to improve the quality of life of people.
- Promote a closer, more dynamic, and collaborative relationship between Congregación Mariana Trinitaria and the academic and scientific communities.



The research areas and thematic areas that are related to traditional and complementary medicine, and that may be considered for the works are:

- Historical studies on traditional and complementary medicine
 - Use of traditional and complementary medicine on different health complaints
- Therapeutic methods of traditional and complementary medicine
 - New technologies applied to traditional and complementary medicine
- Traditional Medicine and spirituality
- General topics of traditional and complementary medicine

In addition, the research projects must show tangible results, or they may imply a benefit to society as a consequence of the practical application of the results provided. This way, CMT is certain of the importance of scientific evidence to rediscover, deepen and demonstrate the beneficial properties of this kind of medicine.

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