

23 years providing benefits to vulnerable groups

For 23 years, CMT has developed actions to have a positive impact on the life of many people

The vision of Dr. h.c. Catalina Mendoza Arredondo made possible the origin of what we currently known as Congregación Mariana Trinitaria, which has provided benefits to more than 82 million people for 23 years.

Always convinced by her dreams, Dra. H. C. Catalina Mendoza Arredondo could establish the basis of what we know currently as Congregación Mariana Trinitaria (CMT). The objective of it since the very beginning, was to improve the quality of life of the families who need support, as well as taking into consideration at all times that integral social welfare needs to be achieved in order to get an optimal development.

CMT is the product of this visionary, sensitive, and kind woman who created a Volunteers Board in 1995. In 1997 the board was constituted legally and financially as a Civil Association, and in that year, it received the authorization by the Mexican Government to become a grantee association with national and international authority.

“In CMT we have mend this dress called poverty”.

Dra. H. C. Catalina Mendoza Arredondo. Founder of Congregación Mariana Trinitaria.

By the time Dra. H. C. Catalina Mendoza Arredondo started CMT, she knew that disease and poverty tend to come together. For this reason, she looked for different ways to improve health conditions in vulnerable people, and she also developed actions to promote welfare in areas like: food, education, fraternal relationships between family and community, decent housing, basic services, among others.

“The creative part of CMT is made of the needs of millions and millions of people who want to get assistance”.

Dra. H. C. Catalina Mendoza Arredondo. Founder of Congregación Mariana Trinitaria.

The founder realized that people get sick as a consequence of their own needs. That is why she looked for ways that allowed her actions to deepen in the context to improve it, and then contribute to the satisfaction of the social welfare aspects. Health was always considered as the fundamental pillar where social development is supported.

“CMT was created to accomplish a very important task, which is to take care of health”.

Dra. H. C. Catalina Mendoza Arredondo. Founder of Congregación Mariana Trinitaria.

Since its inception, Congregación Mariana Trinitaria held tight to the values of solidarity, respect, social justice, equality, human dignity, participation and collaboration, independence, and sustainability, which have been the main characteristics of its hard work and social commitment for 23 years.

CMT's philosophy consists of the comprehension of collectivity as the only way to develop transcendental work, through actions that are a characteristic of the native communities in Oaxaca, such as:



Tequio



Guelaguetza



Asamblea



Unfortunately, Dra. H. C. Catalina Mendoza Arredondo left this world in 2018, but her legacy continues stronger than never. That is the reason why CMT developed its Welfare Ecosystem, which consists of 11 networks that allow actions in short, medium, and long terms with an actual and modern portfolio. This way, it is possible to give integral attention to the main scarcities in health, social and economic development, and welfare to develop the potential of public policies and financial resources to benefit people.

The Welfare Ecosystem of CMT consists of 11 networks:



FOOD



HEALTH



HOUSING



ENVIRONMENT



ENERGY



ART, CULTURE, SPORTS, AND YOUTH



EDUCATION



WATER



INNOVATION AND MANAGEMENT OF KNOWLEDGE



HUMAN SECURITY



PRODUCTIVE AND FINANCIAL INCLUSION



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This is the way the seed planted by Dra. H. C. Catalina Mendoza Arredondo has produced for 23 years. All those products are supported by projects to benefit communities, and also by strategic partnerships in Mexico, USA, Latin America, and recently in Madrid.

This model was designed using the highest national and international standards, which follow the structure provided on:

- Economic Commission for Latin America and the Caribbean (ECLAC)
- The National Council for the Evaluation of Social Development Policy (CONEVAL)
- The Sustainable Development Goals (SDGs) of the United Nations