



25 years changing realities:

CONGREGACIÓN MARIANA TRINITARIA

SUMMARY

In 1997, Congregación Mariana Trinitaria became a Civil Society and Dr. h.c. Catalina Mendoza Arredondo founded that project of life full of vision and social significance.



OAXACA, OAX., FEBRUARY 2022.

ongregación Mariana Trinitaria has been active for 25 years. During those years, millions of people got assistance and their life conditions have been improved in Mexico and in the 17 countries in which it is present. Its main objective is making a considerable improvement on the life conditions of people in order to have a decent life through efficient team work with civil societies and all the ones who trust in this project of life that has changed realities since 1997.



The first steps towards welfare

A group of volunteers whose leader was Dr. h.c. Catalina Mendoza Arredondo was interested in making improvements on the conditions of people who needed a better quality of life so, they started Congregación Mariana Trinitaria as a Volunteers' Board in 1995. That was the first step towards global efforts, and in 1997 it finally became a Civil Society able to make national and international donations. For this reason; on February 18, 2022 we commemorate the 25th anniversary of its official foundation.

Catalina Mendoza Arredondo, who will always be our President, found the way to turn every step into improvements on the healthcare of people who unfortunately lived in vulnerable conditions. However, her experience

and the constant work she performed all her life allowed her to realize that healthcare was not based only on controlling diseases, but it improves through approaches based on prevention measures and by providing basic elements for human life like food, work, education, financial inclusion, decent housing, and available basic services; just to mention some examples.

As a result of that, Congregación Mariana Trinitaria aims to have an impact on the social welfare of our society. After implementing several integral solutions oriented to different groups in the community, social cohesion, participation and governability are also promoted.

Our Philosophy after 25 years



CMT Philosophy consists of three fundamental matters, since we are aware that collective work encourages transcendence and detects core impacts: Tequio, Guelaguetza, and Assembly are our basic principles, just in the same way they are important for the culture in Oaxaca. This way, results and improvements are made thanks to team work performed with the three levels in the government and all the supportive actors willing to contribute to improve their local realities.

Dr. h.c. Catalina Mendoza Arredondo's dream came true through each one of the actions made and all the lives changed.

Awards granted to CMT for its activities all these years:



- ► Premio CEMEX
- A commemorative stamp was issued by SEPOMEX.
- ► The Numismatic Museum, part of the Mexican Mint, issued commemorative items.
- ► The National Award to Supportive and Voluntary Actions.
- ► Honorary Mention granted by the Mexican Government.
- ▶ Medal Donají and Premio Juárez in Oaxaca.
- ► Premio Corresponsables.
- Honoris causa doctorate granted to Catalina Mendoza Arredondo.

Good intentions became a solutions-based model: The CMT Welfare Ecosystem Model

In order to have an impact on the society and its reality, good intentions are not enough so Congregación Mariana Trinitaria decided to implement its Welfare Ecosystem Model. It consists of an operational platform able to execute programs to solve the problems detected after the implementation of public policies that may come

Using a model, which is flexible enough to analyze needs and execute approaches based on public policies, the final objective is the same one that our first Volunteers'

into play in the short, me-

dium, and long terms.

Board had in 1995:
assistance on the main
deprivations in healthcare
matters, social and economic development; and welfare. As a consequence of those issues; we foster participation, collaborative contexts, boosts to local

public policies and we help authorities to

get more results using less resources in the three levels of the government.

The ecosystem consists of 11 networks oriented to the integral healthcare model:

Networks focused on food; housing; environment; energy; art; culture; sports and youth; education; water; inno-

vation and management
of knowledge; human
security; as well as
financial and productive inclusion.

This model fits with the highest quality local standards and also with international standards. Besides, it follows the recommendations given by the Economic Commission for Latin America and the National Countries.

(ECLAC), and the National Council for the Evaluation of Social Development Policy (CONEVAL); all of its goals and actions are also aligned to the Sustainable Development Goals (SDG).

Present, past, and future must be oriented to integral welfare: CMT

The Welfare

Ecosystem

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Congregación Mariana Trinitaria was created to listen to people in order to detect their needs; and also, to create programs and strategies to assist the most vulnerable groups. For this reason, after 25 years of its foundation

CMT keeps on encouraging supportiveness, respect, social justice, equality, human dignity, participation, and sustainability; so that they all become an important part of the different actions that are being performed.

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