

Congregación Mariana Trinitaria

24 years building a better future

In 1997, Congregación Mariana Trinitaria expanded to a Civil Society, whose leader was Dr. h.c. Catalina Mendoza Arredondo, the founder of this project full of vision and social significance

Congregación Mariana Trinitaria celebrates its 24th anniversary this month, and all over this time it has helped millions of people to have a decent life by working hand in hand with the three levels in the government, and working indirectly with civil societies.



“Let us be an example that yes, we can change and transform many things along the way, leaving an indelible mark that no one can remove, nor can anyone cover it up”.

Dra. H. C. Catalina Mendoza Arredondo. Founder of Congregación Mariana Trinitaria.

In 1995 Congregación Mariana Trinitaria began as a group of volunteers whose leader was Dr. h.c. Catalina Mendoza Arredondo, and in 1997 it expanded to a Civil Society to become a national and international donee. This month, to be specific, on February 18, we celebrate 24 years of its legal incorporation.

Catalina Mendoza Arredondo had the objective of contributing to the health improvement of people in vulnerable situations, however, she also knew that it only might happen with prevention and all the resources available like: food, work, education, fraternal relationships with families and society, decent housing, basic services, among others.

Since then, Congregación Mariana Trinitaria contributes to integral social welfare by implementing programs designed for community groups that should be organized, to foster social cohesion. In tandem, day after day it creates public programs to combat the most urgent social shortcomings in the families. On both sides, the final objective is the integral welfare of people, families, and their communities.

Moreover, the CMT philosophy consists of understanding collectiveness as the only way to get transcendental work, like: tequio, guelaguetza, and asamblea; the three traditional basic principles of the culture in Oaxaca. This way, we want it to become an alternative to have impact by working in teams with the government and other solidary parts.

Promoting solutions

In order to give solutions to the problems, not only with a perspective full of good intentions, but promoting systematization, having positive impact on indicators, and developing public policies; CMT created its Welfare Ecosystem Model. It is a programmatic and operational platform that allows short, medium, and long-term work with the objective of paying attention to the main lacks in health, social and economic development, and welfare. This way, the participation of society members becomes a guarantee and by doing that, it contributes to legitimize governability and governance, as well as public policies and financial resources to benefit people.



This ecosystem consists of 11 networks focused on the integral health model, and they are called: food; housing; environment; energy; art, culture, sports and youth; education, water, innovation and management of knowledge; human security, and also productive and financial inclusion.

This working model was developed and planned according to the highest national and international standards in quality, they are aligned to the Economic Commission for Latin America and the Caribbean (ECLAC), and also to the National Council for Evaluation of Social Development Policy (CONVAL); in addition, all its goals and actions are aligned to the Sustainable Development Goals (SDGs).

A recognized work

All the activities with the three levels in the government, private and public organizations, contributed to grant Congregación Mariana Trinitaria with several national and international awards, and they all are the consequence of the tangible results that CMT offers to citizens and governors.

In the list of awards and acknowledgments we find: the award “Obras CEMEX 2009” to the biggest social infrastructure work in Latin America, The Post Office in Mexico (SEPO-MEX) issued a stamp to commemorate twenty years of social work in CMT; the Numismatic Museum and the Mint in Mexico manufactured commemorative pieces due to the CMT’s twentieth anniversary. In 2017, due to her trajectory and dedication, Catalina Mendoza was granted the National Award for Solidary and Voluntary Actions, as well as a Honorary Mention by the Mexican Government.



Awards granted to CMT

- Award CEMEX
- SEPOMEX issued a stamp
- The Numismatic Museum and the Mint manufactured commemorative pieces
- National Award to Solidary and Voluntary Actions
- Honorary Mention by the Mexican Government.
- Medal “Donaji” and the Award “Juárez” in Oaxaca.
- Award “Corresponsables”
- Doctorate Honoris Causa awarded to Catalina Mendoza Arredondo

Furthermore, Catalina Mendoza Arredondo was granted the Medal “Donaji” and the Award “Juárez”, which are given to people with remarkable actions in Civility and Values. Also, in 2017 she was granted the Award “Corresponsables de Iberoamérica”, and in 2018, Universidad La Salle Noroeste awarded Catalina Mendoza with a Doctorate Honoris Causa in Humanities due to her commitment to assist people.

Since its inception, Congregación Mariana Trinitaria has been an example of values such as solidarity, respect, social justice, equality, human dignity, participation and collaboration, independence and solidarity; they all have been its characteristic all over the 24 years of hard work and social commitment.



TOWARDS ADVERSITY, **SOCIAL FRATERNITY**
EMBRACES A SPIRIT OF
CONSTRUCTIVE CHANGE

@congregacionMT

